The Trigger Word Catcher

Millionaire SUCCESS Habits

On this exercise you can write down all the bad advice that you've gotten over the years, the ill-conceived warnings and instructions and the ones that have cost you the most. Write down what they cost you. When you see these formal descriptions of bad advice you've received, you'll understand that you no longer can allow someone's unqualified advice to steer the direction of your life. Create this new habit of ignoring bad advice getting good advice from qualified people and diminish your internal villain and gain a new level of confidence.

WHAT ARE A FEW OF YOUR NEGATIVE TRIGGER WORDS?	WHAT EMOTIONS DOES THIS TRIGGER WORD ENVOKE?

WHAT CAN YOUR NEW TRIGGER WORDS BE?	WHAT EMOTIONS DO THESE TRIGGER WORD ENVOKE?